



Fall

Birds and flowers of the four seasons (Araki Jippo • Japan, 1917)



Spring

Resources and references

Fall/Spring Equinox Pause
September 23, 2023 • 1 pm ET



“...The general direction [of contemplative prayer] is that rather than pulling you out of life, it will deposit you back in the midst of it, with a soft and warm heart and a deepening sense of wonder...gradually coming to realize that really, there is nothing that is not God.”

Centering Prayer and Inner Awakening,
Cynthia Bourgeault (2004)

Artist: Araki Jippo



Logion 2

Yeshua says:

«If you are searching
you must not stop
until you find.

When you find, however,
you will be troubled.

Your confusion will give way to wonder.

In wonder you will reign over all things.

Your sovereignty will be your rest.»

Lynn Bauman, trans.

The Gospel of Thomas: Wisdom of the Twin (2003)

Logion 29

Yeshua said,

«If flesh came into being
because of spirit, it is a wonder.

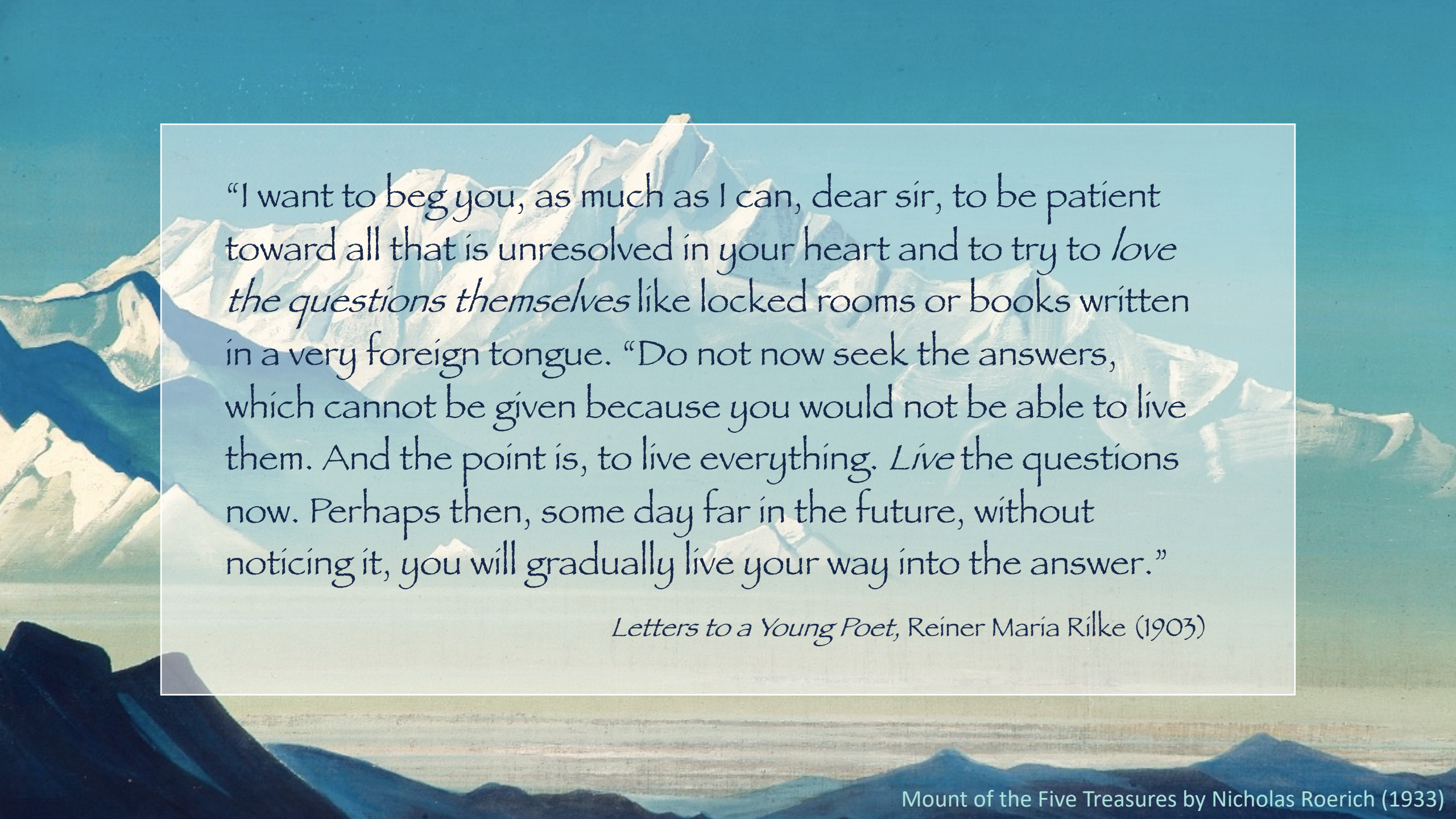
But if spirit came into being
because of flesh, it is a wonder of wonders.

Yet the greatest of wonders is this:

How is it that this Being, which Is,
inhabits this nothingness?»

Jean-Yves Leloup, trad. *The Gospel of Thomas:
The Gnostic Wisdom of Jesus* (1986)





“I want to beg you, as much as I can, dear sir, to be patient toward all that is unresolved in your heart and to try to *love the questions themselves* like locked rooms or books written in a very foreign tongue. “Do not now seek the answers, which cannot be given because you would not be able to live them. And the point is, to live everything. *Live* the questions now. Perhaps then, some day far in the future, without noticing it, you will gradually live your way into the answer.”

Letters to a Young Poet, Reiner Maria Rilke (1903)



“Who Are You, O God, and Who Am I?”
from *Compassion* by Ilia Delio p. 28.

St. Francis Body Prayer created by Maureen DeBellis (2020)

You may watch it recorded by Marcella Kraybill-Greggo in:
<https://wisdomwaypoints.org/resources/who-are-you-oh-god-and-who-am-i/>



Fall fearless into love

x 3

Darlene Franz, 2017

Suelta, libre y sin temor,
suelta libre y sin temor,
-déjate caer al amor.

