## **Living Wisdom**

## **Group Spiritual Companioning in the Wisdom Community**



There is a hunger for spiritual witness and integra3on as we travel the Wisdom path in community. We as Wisdom leaders are exploring ways we can support "living the work," grounding in practice and integrating the rich teachings from Cynthia and others into our lives. We offer ourselves as companions with those who desire to do this integration.

We want to create space for the Wisdom journey to unfold in groups, no matter where in the process you may be entering the Wisdom stream. We imagine various portals or entry points.

One such portal we are envisioning:

In September, we will launch four new **LIVING WISDOM** Group Spiritual Companioning Circles (6 – 8 people), who will meet together for **four months.** This formational circle will include Wisdom practices and embodiment, with *an emphasis on heart sharing and integration*.

Shared elements/shared intention of each Wisdom integration Group:

- Anchored in a rhythm of silence
- Embodied practice 3 centered knowing
- Heart Sharing & Heart Listening
- Living Wisdom integration

When: Sign up for the Sept – Dec Wisdom circle by emailing a group leader below:

4<sup>th</sup> Mondays 3:00 – 5:00pm ET - begins 9/27 (Elizabeth Combs: <u>Elizabeth.s.combs@gmail.com</u>)
3<sup>rd</sup> Wednesdays 1:00 – 3:00pm ET-begins 9/15 (Marcella Kraybill-Greggo: <u>marcellak2@aol.com</u>)
4<sup>th</sup> Wednesdays 2:00 - 4:00pm ET – begins 9/22 (Susan Cooper: <u>onalark48@yahoo.ca</u>)
3<sup>rd</sup> Thursday 1:00 – 3:00pm ET – begins 9/16 (Heather Vesey: <u>heather@vesey.net</u>)
4<sup>th</sup> Sundays 3:00 – 5:00pm ET - begins 9/26 (Laura Ruth: <u>laurampruth@gmail.com</u>)

**Fee** (not tax deductible): \$25/session; \$100 for 4 sessions paid to WisdomWaypoints (scholarship money available by request).

Payment can be made through this link: https://wisdomwaypoints.org/product/group-spiritual-companioning

During the time of the pandemic we have found that our hearts can be very open over Zoom. It is a time for wide listening and deep integration of the Wisdom lineage into our daily living. Let's join together and mid-wife what is unfolding in our world.